



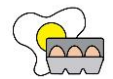












4 week mid-morning snack menu* (Spring/Summer)

*May vary slightly due to availability of fresh produce

	Week 1	Allergens	Week 2	Allergens	Week 3	Allergens	Week 4	Allergens
Monday	Create Your Own Yoghurt Pot		Crackers Hummus Red pepper sticks		Frozen Fruit Kebabs		Berry Frozen Yoghurt	
Tuesday	Bread Hummus Cucumber sticks		Hummus finger sarnies Cucumber		Bread & Hummus Sugar snap peas		Bread & Hummus Satsumas	
Wednesday	Plain Popcorn Orange slices		Create Your Own Yoghurt Pot		Scrambled Egg Red Pepper sticks		Plain Popcorn Grapes	
Thursday	Fruit Pizza		Fruit Pizza		Create Your Own Yoghurt Pot		Crackers & Cheddar cheese Apple slices	
Friday	Frozen Fruit Kebabs		Plain Popcorn Peach slices		Plain Popcorn Apple slices		Create Your Own Yoghurt Pot	

													
Celery	Cereals with gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide