






















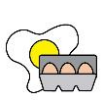
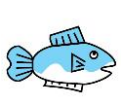











4 week mid-morning snack menu* (Spring/Summer)

*May vary slightly due to availability of fresh produce

	Week 1	Allergens	Week 2	Allergens	Week 3	Allergens	Week 4	Allergens
Monday	English muffins & butter Grapes		Crackers cream cheese Red pepper sticks		Honey finger sarnies Strawberries		English muffins & butter Strawberries	
Tuesday	Bread Hummus Cucumber sticks		Strawberry jam finger sarnies Cherry tomatoes		Bread & Hummus Sugar snap peas		Bread & Hummus Satsumas	
Wednesday	Bagels & butter Orange slices		Breadsticks Blueberries Carrot sticks		Crackers & Cream cheese Banana slices		Strawberry jam finger sarnies Carrot sticks Grapes	
Thursday	Rice cakes Marmite Banana chunks		Rice cakes & Cream cheese Apple slices		Bread sticks & Cream cheese Cucumber sticks		Crackers & Cheddar cheese Apple slices	
Friday	Crackers & cream cheese Apple slices		Bagels & butter Peach slices		English muffins & Butter Pineapple wedges Apple slices		Crackers & cheddar cheese Pear slices	

													
Celery	Cereals with gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

