
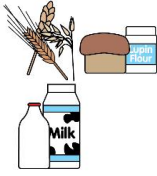




















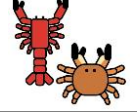
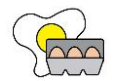
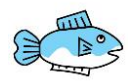
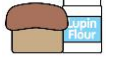










4 week mid-morning snack menu* (Spring/Summer)

*May vary slightly due to availability of fresh produce

	Week 1	Allergens	Week 2	Allergens	Week 3	Allergens	Week 4	Allergens
Monday	Hot cross buns & butter Grapes		Wholemeal pitta bread & cream cheese Red pepper sticks		Honey finger sarnies Strawberries		Hot Cross Buns & butter Strawberries	
Tuesday	Bread sticks Hummus Cucumber sticks		Bread sticks Hard boiled eggs Cherry tomatoes		Sugar snap peas Bread sticks & Hummus		Bread sticks & Hummus Satsumas	
Wednesday	Malt loaf & butter Orange slices		Banana bread Blueberries Carrot sticks		Corn cakes & Cream cheese Melon cubes		Strawberry jam finger sarnies Carrot sticks Grapes	
Thursday	Rice cakes Marmite Banana chunks		Rice cakes & Cream cheese Apple slices		Bread sticks & Cream cheese Cucumber sticks		Oat cakes Cheddar cheese Apple slices	
Friday	Crackers & cream cheese Apple slices		Sultana scones Strawberry jam Peach slices		Malt loaf & Butter Pineapple wedges Apple slices		Crackers & cheddar cheese Pear slices	

													
Celery	Cereals with gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

