
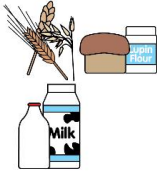




















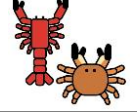
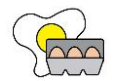
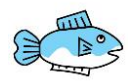
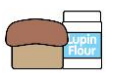










Autumn/Winter 4 week mid-morning snack menu* (Autumn/Winter)

*May vary slightly due to availability of fresh produce

	Week 1	Allergens	Week 2	Allergens	Week 3	Allergens	Week 4	Allergens
Monday	Hot cross buns & butter Grapes		Crackers & cream cheese Red pepper sticks		Malt loaf & Butter Satsumas		Hot Cross Buns & butter Banana chunks	
Tuesday	Marmite sarnies Banana chunks		Strawberry jam finger sarnies Cherry tomatoes		Bread & Hummus Sugar snap peas		Bread & cheddar cheese Pear slices	
Wednesday	Malt loaf & butter Orange slices		Banana bread Kiwi fruit Carrot sticks		Corn cakes & Cream cheese Tomatoes		Strawberry jam sarnies Carrot sticks Grapes	
Thursday	Bread sticks Hummus Cucumber sticks		Rice cakes & Cream cheese Apple slices		Bread sticks & Cream cheese Cucumber sticks		Crackers & Cheddar cheese Apple slices	
Friday	Crackers & cream cheese Apple slices		Bread sticks & Strawberry jam Peach slices		Honey finger sarnies Pineapple wedges Apple slices		Bread sticks & Hummus Satsumas	

													
Celery	Cereals with gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

